



YOU ARE INVITED TO A FREE SEMINAR



Four Pillars of Health

Thursday, February 15, 2018

10:30 AM

**Atlantic Design Center (in the Eldredge Lumber Building)
627 US Route One, York, Maine**

Dr. Joshua Pirini will be our presenter. He is a local chiropractor and published author.

He works out of Kittery Specific Chiropractic with people of all ages and all levels of illness, acting on the basis that every internal system is self-healing and self-regulating.

Some of his more common cases include neurological challenges, mentally ill issues, challenges that children may experience and more.

Prior to beginning his journey as a health advocate, Dr. Pirini once believed many of the misconceptions about health.

You can expect to leave this seminar understanding health and wellness, 4 important pillars of health, and how your body reacts to stressors which affect your body.

Please join Dr. Pirini as he dives into important topics and gives you a plan of action to help you or a loved one with the valuable information that will be presented.

Please Make Reservations

email: mclaesson@eldredgelumber.com

or call **207-363-3004**.